

## ENERGY MISMATCH

The body is inappropriately handling or reacting to something.

Good for:
- Pet allergies
- Allergies to things that cannot be avoided like dust, pollen
- Foods that are good for you but which cause issues
- Supplements that people take but which are not benefitting them
NOT used on substances that weaken someone in the clear

To Start: (a) Ensure client is balanced by taking a SIM and putting your palm (or the client's palm) over the client's navel. They should stay STRONG. (b) A short cut to balance them is to tap *anti clockwise* over the client's thymus for about 30 seconds or until they test strong with your hand over their navel.

### Pre Tests:

1. SIM + TW21 [in front of ear] = strong (if weak tap TW21 & Lu5 [in crook of elbow] together)
2. SIM + HT1 (armpit) = strong (if weak tap H1 until strong)
3. SIM + substance = strong (if weak, try NAET technique first + MCPE)

### Energy Mismatch Technique:

1. SIM + substance + TW21 = WEAK = can use technique
2. SIM + substance + both H1 held by client = WEAK = can use technique

### Fix:

1. Substance on body at CV6 (waistband)
2. To see whether the tapping will work, need to put substance on CV6 and TL to BOTH H1s. If SIM weakens tapping WILL work.
3. Tap beginning and end points of the following meridians (in any order)

20-30x:

- A. Bladder (corner of eye + little toe nails)
- B. Kidney (sole of foot K1 + K27s)
- C. Stomach (under eye (ST1) + 2<sup>nd</sup> toe nails)
- D. Spleen (medial side of big toenails SP1 + underarm SP21)

### Homework:

- Do cross-crawl with the substance on the body = tones down the response
- Put substance on and tap meridian B&Es as above

\*\*\* Best to avoid contact with substance for 24 hours, if possible \*\*\*