

Blood Pressure Balance

For this procedure you will need two magnets. The magnets should **not** be a mix of north and south poles on the same side. They should be North Pole only on one side and South Pole only on the other side.

****Please check that the person does not have any electrical device in their chest first!! The magnets definitely could affect the device**

If anyone has stents, usually made of stainless steel or a cobalt material, which are not affected by magnets, but just in case I would advise caution when using this procedure when anyone has ANYTHING in their chest.

Pre-test

1. Using an Accurate Indicator Muscle (AIM) have the person place a hand over C7/T1 area to ensure that there is not an existing neck issue. If the indicator unlocks, address in the way you know how first.
2. Have the person remove their hand from C7/T1 and place the other hand over the heart area. The IM should remain locked. If it unlocks, address in the way you know how.
3. Both points should NOT be active when CL'd

Procedure

1. Have the person simultaneously touch with one hand over C7/T1 and the other over the heart area. A quadricep or piriformis are good indicators to use. If the IM unlocks there is a blood pressure imbalance* . Here you can check for modality or priority which should lock the indicator (binary)
2. Put into pause lock (circuit retaining mode)
3. Place one magnet on C7/T1 and the other over the heart **. Find the combinations of North and South Pole sides that locks your indicator again (binary) e.g. North Pole over C7/T1 and South Pole over heart area. Check for modality should more than one show (doubtful but possible)
4. Leave the combination of magnets on the body for a few minutes.
5. Remove the magnets and retest as in No 1. The 'complete' mode will unlock if you have done. If it doesn't unlock the IM, apply the magnets for longer until complete.
6. Your client could use the magnets in the same combination and positions at home.

If you have a blood pressure reading device, you could check the client's readings before and after carrying out this procedure.

* As we discussed at the ASK training day, touching the two points together creates a different resonance that the body understands – it has a totally different meaning from when they are CL'd individually.