

Company Registration Number - 02235125

The Charity Registration Number is :- 299306

The Association of Systematic Kinesiology

Report and Accounts

31 March 2017

The Association of Systematic Kinesiology

Subject to the limitations upon the scope of my work as detailed above , in connection with my examination, I can confirm that :-

The accounts of this charitable company are not required to be audited under Part 16 of the Companies Act 2006;

This is a report in respect of an examination carried out under 145 of the Act and in accordance with General Directions given by the Charity Commission under section 145(5)(b) of the Act which may be applicable;

and that no matter has come to my attention in connection with my examination which gives me reasonable cause to believe that in any material respect the requirements :-

to keep accounting records in accordance with Section 386 of the Companies Act 2006 and Section 130 of The Charities Act 2011;

to prepare financial statements which accord with the accounting records and comply with the accounting requirements of Section 396 of the Companies Act 2006 and The Charities Act 2011 and;

have been prepared in accordance with the requirements of Section 396 of the Companies Act 2006 and and with the methods and principles set out in the FRS102 Statement of Recommended Practice - Accounting and Reporting by Charities (effective January 2016)

have not been met or to which, in my opinion, attention should be drawn in my report in order to enable a proper understanding of the accounts to be reached;

Mr. I. A. Barr - Independent Examiner

Chartered Management Accountants

24 Birchfield Close,
Addlestone,
Surrey,
KT15 1QZ

This report was signed on 3 June 2017

The Association of Systematic Kinesiology - Statement of Financial Activities for the year ended 31 March 2017

Statement of Financial Activities (including the Income and Expenditure Account for the year ended 31 March 2017, as required by the Companies Act 2006)

	SORP Ref	Current year Unrestricted Funds	Current year Restricted Funds	Current year Total Funds	Prior Year Total Funds
		2017 £	2017 £	2017 £	2016 £
Income & Endowments from:					
Donations & Legacies	A1	54,863	-	54,863	51,036
Other trading activities	A3	1,840	-	1,840	2,240
Investments	A4	26	-	26	14
Total income	A	56,729	-	56,729	53,290
Expenditure on:					
Raising funds	B1	1,667	-	1,667	2,056
Charitable activities	B2	43,817	-	43,817	45,408
Total expenditure	B	45,484	-	45,484	47,464
Net income for the year		11,245	-	11,245	5,826
Net income after transfers	A-B-C	11,245	-	11,245	5,826
Net movement in funds		11,245	-	11,245	5,826
Reconciliation of funds:-					
	E				
Total funds brought forward		47,916	-	47,916	42,090
Total funds carried forward		59,161	-	59,161	47,916

The 'SORP Ref' indicated above is the classification of income set out in the formal SORP documents. As required by paragraph 4.60 of the SORP, the brought forward and carried forward funds above have been agreed to the Balance Sheet.

A separate Statement of Total Recognised Gains and Losses is not required as this statement includes all recognised gains and losses.

All activities derive from continuing operations

The notes attached on pages 18 to 28 form an integral part of these accounts.

The Association of Systematic Kinesiology - Balance Sheet as at 31 March 2017

Company Registration Number - 02235125

	SORP		2017	2016
	Note	Ref	£	£
Current assets		B		
Debtors	7	B2	-	1,239
Cash at bank and in hand		B4	59,911	47,639
Total current assets			<u>59,911</u>	<u>48,878</u>
Creditors: amounts falling due within one year				
	8	C1	<u>(750)</u>	<u>(962)</u>
Net current assets			59,161	47,916
The total net assets of the charity			<u>59,161</u>	<u>47,916</u>

The total net assets of the charity are funded by the funds of the charity, as follows:-

Restricted funds

Unrestricted Funds

Unrestricted Revenue Funds	13	D3	59,161	47,916
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Designated Funds

Total charity funds			<u>59,161</u>	<u>47,916</u>
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The 'SORP Ref' indicated above is the classification of Balance Sheet items as set out in the formal SORP documents. As required by paragraph 4.60 of the SORP, the brought forward and carried forward funds above have been agreed to the SOFA..

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The charity is subject to Independent Examination under charity legislation, and the report of the Independent Examiner is on page 9.

The Association of Systematic Kinesiology - Balance Sheet as at 31 March 2017

Company Registration Number - 02235125

The financial statements have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006, applicable to companies subject to the small companies regime.

Dr. S. Prestwich

Trustee

Approved by the board of trustees on 3 June 2017

The notes attached on pages 18 to 28 form an integral part of these accounts.

The Association of Systematic Kinesiology

Detailed analysis of income and expenditure for the year ended 31 March 2017 as required by the SORP 2015

This analysis is classified by conventional nominal descriptions and not by activity.

16 Donations and Legacies

	Current year Unrestricted Funds	Current year Restricted Funds	Current year Total Funds	Prior Year Total Funds
	2017 £	2017 £	2017 £	2016 £
Donations and gifts from individuals				
Small donations individually less than £1000	38	-	38	173
Total donations and gifts from individuals	38	-	38	173
Membership subscriptions as donations	54,825	-	54,825	50,863
Total Donations and Legacies A1	54,863	-	54,863	51,036

17 Income from other, non charitable, trading activities

	2017 Current year Unrestricted Funds	2017 Current year Restricted Funds	2017 Current year Total Funds	2016 Prior Year Total Funds
	2017 £	2017 £	2017 £	2016 £
Income from fundraising events	1,840	-	1,840	2,240
Total from other activities A3	1,840	-	1,840	2,240

18 Investment income

	Current year Unrestricted Funds	Current year Restricted Funds	Current year Total Funds	Prior Year Total Funds
	2017 £	2017 £	2017 £	2016 £
Bank Interest Receivable	26	-	26	14
Total investment income A4	26	-	26	14

The Association of Systematic Kinesiology

Detailed analysis of income and expenditure for the year ended 31 March 2017 as required by the SORP 2015

19 Expenditure on charitable activities - Direct spending

		Current year Unrestricted Funds	Current year Restricted Funds	Current year Total Funds	Prior Year Total Funds
		2017	2017	2017	2016
		£	£	£	£
Marketing and advertising of charitable services		8,344	-	8,344	10,169
Total direct spending	B2a	8,344	-	8,344	10,169

20 Expenditure on charitable activities- Grant funding of activities

		Current year Unrestricted Funds	Current year Restricted Funds	Current year Total Funds	Prior Year Total Funds
		2017	2017	2017	2016
		£	£	£	£
Grants made to individuals		360	-	360	590
Total grantmaking costs	B2c	360	-	360	590

21 Support costs for charitable activities

		Current year Unrestricted Funds	Current year Restricted Funds	Current year Total Funds	Prior Year Total Funds
		2017	2017	2017	2016
		£	£	£	£
Employee costs not included in direct costs					
Salaries - Administrative staff		22,235	-	22,235	21,688
Travel and subsistence - staff		84	-	84	430
Premises Expenses					
Room Hire		5,900	-	5,900	5,900
Administrative overheads					
Telephone, fax and internet		1,592	-	1,592	1,549
Postage		1,682	-	1,682	1,306
Stationery and printing		1,002	-	1,002	1,529
Liability and contents insurance		617	-	617	506
Sundry expenses		83	-	83	311
Support costs before reallocation		33,195	-	33,195	33,219
Total support costs		33,195	-	33,195	33,219

The basis of allocation of costs between activities is described under accounting policies

The Association of Systematic Kinesiology

Detailed analysis of income and expenditure for the year ended 31 March 2017 as required by the SORP 2015

22 Other Expenditure - Governance costs

	Current year Unrestricted Funds 2017 £	Current year Restricted Funds 2017 £	Current year Total Funds 2017 £	Prior Year Total Funds 2016 £
Independent Examiner's fees	750	-	750	750
Trustees' expenses	1,168	-	1,168	680
Total Governance costs	1,918	-	1,918	1,430

23 Total Charitable expenditure

	Current year Unrestricted Funds 2017 £	Current year Restricted Funds 2017 £	Current year Total Funds 2017 £	Prior Year Total Funds 2016 £
Total direct spending	B2a 8,344	-	8,344	10,169
Total grantmaking costs	B2c 360	-	360	590
Total support costs	B2d 33,195	-	33,195	33,219
Total Governance costs	B2e 1,918	-	1,918	1,430
Total charitable expenditure	B2 43,817	-	43,817	45,408

24 Expenditure on raising funds and costs of investment management

	Current year Unrestricted Funds 2017 £	Current year Restricted Funds 2017 £	Current year Total Funds 2017 £	Prior Year Total Funds 2016 £
Commissions payable	855	-	855	725
Fundraising publicity & marketing	812	-	812	1,331
Total fundraising costs	B1 1,667	-	1,667	2,056